

**Broome County**

Susan Henderson LCSW,SAP  
1-800-537-0634

Holister Psychotherapy  
607-759-6468

Psychiatry & Psychotherapy  
607-427-2360

Pamela Wheaton  
607-624-4418

PJ Dailey LCSW  
607-237-5418

Personal Resource Center  
607-754-4520

Annette Tomasi Blacke LCSW  
607-786-1200

Barbara Heller LCSW  
607-722-0403

Kathi DiFulvio Kaepplinger LCSW  
607-341-2653

Out Patient Mental Health Clinic  
607-762-2538

Jane Meyers LMSW  
607-237-0290

Linda Cronin RCSW  
607-771-2172

Linda Echengreen  
607-772-8579

George Tomaras ALSW, LCSW  
607-724-1750

Sue Rapp LCSW  
607-748-1481

The Children's Home Foster care  
800-772-6904

Suresh Undavia MD, PLLC  
607-785-4277

Annette Blake MSW, LCSWR  
607-786-1200

Eva Care - Andrew Price, LMSW  
607-725-9107

Grazia Tonelli, LCSW-R  
607-724-2245

Charles Kramer LCSW  
607-722-1836

**Broome Continued**

UHS Women's Health Center  
607-763-6101 or 763-7539

Debra Saltzman LCSW-R, MSW  
607-778-9463

Deborah Launt LCSW  
607-624-2009

Bonnie Donovan LCSW-R  
607-760-3358

Stuart Post LCSW  
607-759-1885

BU Psychological Clinic  
607-777-2103

Donald Doornbos LCSWR  
607-765-6597

Rachel Hare LCSW  
607-797-1652

Catholic Social Services  
607-729-9166

Dawn White MSW, LCSW-R  
607-770-8141

Samaritan Counseling Center  
607-754-2660

Bal Nemani, MD  
607-722-6633

Family Solutions  
607-427-5411

**Chenango County**

Chenango Mental Health  
607-337-1600

Tina Folger LCSW  
607-773-0034

**Cortland County**

Maureen Kiely  
607-753-1228

Cortland County Mental Health  
607-758-6100

Joseph Pullman LCSW-R  
607-756-4650

Gregory Moss LCSW-R  
607-662-0209

**Delaware County**

Delaware County Mental Health  
607-865-6522

Marian Dent LCSW  
607-746-2046

Arden Keller LCSW  
607-746-8899

Christian Counseling Center  
607-865-7026

**Ostego County**

Ostego County Mental Health  
607-547-4230

Lisa Flachs LCSW-R  
607-433-0774

Karen Cadwalader LCSW  
607-547-1951

Ann Marie Mills LCSW-R  
607-436-9033

Charlotte Black LCSW-R  
607-432-0475

Barbara Agoglia  
607-433-0209

Marie Hageman LSCW  
607-432-9039

J Michael Neander MD  
607-436-9732

Suzanne Zeien  
607-434-3032

Catherine Paluch LCSW-R, PC  
607-433-0161

Sallie Dunham-Davis LCSW  
607-433-0209

Bassett Healthcare  
607-547-3500

Diane Schulz  
607-431-1877

William Grappone LCSW-R/  
ACSW  
607-432-9128

William Curentz LCSWR  
607-432-1180

Mark Schnader, PHD  
607-434-1069

**Tioga County**

Keith Nichols Family Care  
607-687-5616

Tioga County Mental Health  
607-687-4000

The Center for Psychological Services  
607-625-4355

Carolyn Galatzan MSW, LCSW-R  
607-785-4156

Robert Packer BSU  
570-882-5421

**Tompkins County**

Cayuga Medical Center  
607-274-4304

Tompkins Mental Health  
607-274-6200

WM Wittlin MD PhD  
607-257-5925

Jennifer Gunn MD  
607-277-0784

Howard Fernstein MD  
607-257-6262

Robyn Robinson MD  
607-277-3181

Joan Filler MD  
607-257-3349

Ann Hales Psych. NP  
607-273-9870

Shirley Ladd Psych. NP  
607-273-1441

Denise Kooperman Psych. NP  
607-272-1014

Ellie Kraft-Sanders Psych NP  
607-273-7494

Mary Lauppe, LCSW  
607-280-1198

◆ Medicaid, ◆ Family Health Plus ◆ Private Insurance, ◆ Free ◆ Payment Plan, ◆ Sliding Fee Scale

**I' m not happy being  
a mom.**

**What' s wrong with  
me?**

If you are feeling sad, hopeless or overwhelmed after having a baby, and these feelings do not go away, you may be experiencing depression.

The good news is you do not have to go on feeling this way. Help is available.

Talk to people in the community for support. Your doctor, a social worker or mental health provider may be able to help.

Call Mothers and Babies Perinatal  
Network@

**1-800-231-0744**



Resource Directory  
Postpartum Depression  
04/2009